

Medicine Safety for Children and Teens: We All Play a Role

DO NOT share prescribed medicines with anyone, including family members.

DO NOT save prescribed medicines, unless told to do so by your doctor.

DO secure all medicines up and out of reach of children and teens.

DO make sure children and teens take their medicines correctly.

DO follow all the instructions from your doctor or pharmacist.

DO talk with your child's doctor if you have any questions.

DO get rid of all old or unused medicines.

- Follow the instructions on the medicine label or package insert. Only flush medicines if the label says it is okay to do so.
- If the label doesn't give instructions, look for a "take back program" in your community.
- If instructions and "take back programs" are not available, take the medicine out of the original container and mix it with used coffee grounds, dirt, or kitty litter, and throw in the trash.
- Visit www.healthychildren.org/medicinesafety for details

